



曼彻斯特华人基督教会 Manchester Chinese Christian Church

Guidance on National Lockdown

From 5th January 2021, the UK government imposed a national lockdown that would last until mid-February, and may be extended if the government sees fit. Prior to the national lockdown, on 29th December 2020, Greater Manchester, together with Warrington, Cheshire and parts of Lancashire were all placed in Tier 4. The national lockdown restrictions are very similar to the Tier 4 restrictions.

In all that follows social distancing must be maintained whenever you are in the presence of people outside of your household:

HANDS - Wash your hands regularly and for at least 20 seconds.

FACE - Cover your face in enclosed spaces, especially where you will come into contact with people.

SPACE - Stay 2 metres apart where possible.

During the national lockdown, schools will be closed until at least mid-February. In addition, you must observe the Tier 4 restrictions.

Summary of Tier 4 restrictions

1. You must stay at home – under the national lockdown, this is compulsory (legal requirement) and subject to fines if broken (but see allowed exceptions below).
2. You must let no one into your house or garden, except for workmen or your childcare bubble.
3. You can only meet one other person outdoors in a public space. This means you can no longer meet in a group of six.
4. You can continue to exercise outdoors in public spaces with your household – but under the national lockdown, you may only do so once a day.
5. Support bubbles and Childcare bubbles may continue to operate.
6. Unless you are a food business offering take-away or other essential service you must close. Contact our Advice Centre for advice if you are uncertain.
7. You must not travel outside of your T4 area or invite anyone to travel into your T4 area.

Church matters:

1. The Church Office will not be open while we are on lockdown.
2. The Advice Centre will continue as a telephone and online service. It will resume as advertised after the Christmas break.
3. The church can no longer conduct weddings except in life or death situations or similar (please contact the ministers for advice).
4. The church will still be able to conduct funerals.

Further Details

Face Coverings

- Customers in private hire vehicles and taxis must wear face coverings.
- Customers in restaurants and shops must wear face coverings, except when seated at a table to eat or drink. Staff working in restaurants and shops will also be required to wear face coverings.
- If you need to access close contact services, you must wear face coverings.
- Public transport workers and taxi drivers will continue to be advised to wear face coverings.

Mandatory Self Isolation

People who test positive for coronavirus or show symptoms in the UK must now self-isolate for at least 10 days, rather than 7. (But if you are self-isolating because you have been in contact with someone diagnosed with coronavirus, then you still need to self-isolate for 14 days. This has not changed.)

People in England are required by law to self-isolate if they test positive or are contacted by NHS Test and Trace. Anyone breaking the rules will be subject to a fine of up to £10,000.

Support is available for people on low incomes who are unable to work while self-isolating through the £500 Test and Trace Support Payment.

Socialising with others

You must:

- NOT visit others or invite people to your private home or garden; but adults living alone may still meet the household where they have formed a support bubble;
- NOT meet or interact with people you do not live with in any indoor public venues (such as shops and restaurants) or in most outdoor places

The above restrictions are compulsory and subject to fines if broken.

You should NOT:

- visit friends or family in care homes without the express permission of the care home
- stay overnight in another part of the UK other than where necessary, such as for work, education, youth services, to receive medical treatment, or because of caring responsibilities.
- share vehicles or travel with people you do not live with; if you need to, try to share the transport with the same people each time, keep to small groups of people, sit as far away from each other as possible, open all windows for ventilation and ask everyone in the vehicle to wear a face covering

Travelling

You can continue to travel within your area for reasons such as:

- travelling to venues that are open
- for work
- for education

- to access voluntary, charitable or youth services
- because of caring responsibilities
- for moving home
- to visit your support bubble
- to receive medical treatment

The Tier 4 restrictions require you to avoid travelling outside your area, including for overnight stays, other than where necessary. This means you should not leave a Tier 4 alert level area to stay in a second home. You must not stay with anyone you do not live with elsewhere in the UK or visit their home (unless you share a support bubble).

Walk or cycle where you can and plan ahead and avoid busy times and routes on public transport.

When travelling to Scotland, Wales and Northern Ireland, it is important that you read their rules first.

You can still move home. Estate and letting agents and removals firms can continue to work. If you're looking to move home, you can go to property viewings.

Places of Worship

Places of worship may resume, but you must not attend with or socialise with anyone outside of your household or support bubble while you are there. MCCC will not resume physical Sunday Services, but will continue to host services online and provide telephone support during office hours.

Weddings and Funerals

Weddings are not allowed except in extreme circumstances. Contact your pastors for further advice.

Up to 30 people can attend funeral ceremonies. 15 people can attend linked commemorative events.

Businesses

The following businesses will be closed:

- Pubs, bars (including shisha venues), cafes and restaurants must close but are permitted to continue sales by takeaway, click-and-collect, drive-through or delivery services.
- Accommodation, including hotels, B&Bs, campsites, and guest houses, are generally closed with some exemptions.
- Indoor entertainment and leisure venues must close. Examples are indoor play centres and areas, casinos, bowling alleys, skating rinks, amusement arcades, adult gaming centres, laser quests, escape rooms, cinemas, theatres, concert halls and snooker halls.
- Indoor attractions at mostly outdoor entertainment venues must close. Examples are zoos, safari parks, wildlife reserves, aquariums, visitor attractions at farms, model villages, museums, galleries, sculpture parks, botanical gardens, greenhouses, theme parks, circuses, fairgrounds and funfairs.

The following businesses may open:

All non-essential businesses must close. Contact the Advice Centre for more details or consult the government guidance (link below).

Links to government's full guidance:

<https://www.gov.uk/guidance/local-restriction-tiers-what-you-need-to-know#very-high-alert>

<https://www.gov.uk/guidance/national-lockdown-stay-at-home>